

PETRA WINNETTE



EDUCATION

2005

Ph.D. Comparative Science, Charles University, Prague

1993

MA Pedagogy, Visual Art and Czech Language and Literature, Charles University, Prague

1992 (scholarship)

University College Cork, Ireland

Subjects: Developmental Psychology, Applied Psychology, Social Work

OTHER EDUCATION

2010, 2016

Certified Therapist in Dyadic Developmental Psychotherapy (DDP Institute, USA)

2010, 2015

Certified Therapist, Supervisor and Trainer in Attachment-Focused Therapy (AFT Institute, USA)

2010

Certified Therapist in Pesso Boyden System Psychomotor (PBSP Institute, Boston, USA)

2000

Certified Therapist, Supervisor and Trainer in Motivational Interviewing (Hvězda Society, CR)

TEACHING AND TRAINING

2003 – present

Natama Institute for Family Care Development

Senior trainer and lecturer in the field of child development, early trauma, attachment and parenting

2008 – 2009

Charles University, Prague, Addictology, Department of Psychiatry

2001 – 2004

Charles University, Prague, Department of Comparative Science

1993-1997

First Real High School (PORG)

MAIN CONFERENCES

Main presenter and lecturer

2017 – NUDZ – National Mental Health Institute, Prague
Lecture for psychiatrists and doctoral students

Early Brain Development and Attachment

2017 – Natama, Prague
Conference with Courtney Rennie, PhD (USA)
Trust and Attachment, DDP Therapy

2016 – Neuropsychiatric Forum, Prague
Annual Symposium on Neurology and Psychiatry
Early development and the Consequences of Early Trauma

2016 – Natama, Prague
Conference with Jonathan Baylin, PhD (USA)
How Childhood Influences Adulthood: The neuroscience of child development, trauma and psychotherapy

2014 - PBSP Association Prague
International Conference in Prague
Complexity and Detail in Psychotherapy with Clients with Unresolved Childhood Trauma

2014 – Natama, Prague
Conference with Jonathan Baylin, PhD (USA), on the neurobiology of early development and its therapeutic implications
Children, the Brain and Parents

2013 – PT Publishing, Tampere, Finland
International Conference in Tampere, Finland (One-Day Plenary Presentation – Workshop)
Psychomotor Mind-Body Therapy in Treatment of Early Relational Trauma

2012 – Natama, Prague
Conference with Daniel Hughes, PhD (USA), on psychotherapy for children with early trauma and attachment disorders
Journey to Safety

2012 - PBSP Association, Prague
International Conference in Prague
PBSP Principles Applied to Family Therapy Focusing on Children with Severe Attachment Disorders

2010 – PBSP Institute, Holland
International Conference in Amsterdam
A Comparative Study of Attachment Theory and PBSP Theory and Practice

MAIN PUBLICATIONS

Petra Winnette (2017)
Grandpa Moon, Grandma Lampion and Little Bo, Prague: Natama Publishing

Petra Winnette, Jonathan Baylin (2016)
Working with Traumatic Memories to Heal Adults with Unresolved Childhood Trauma: Neuroscience, Attachment Theory and PBSP, London: Jessica Kingsley Publishing
(in print)

Petra Vrtbovská (now Winnette) (2010)

About a Lost Child: Attachment, Attachment Disorders and Treatment, Tišnov: SCAN

Albert Pessa, Diane Pessa Boyden, Petra Vrtbovská (now Winnette) (2009)

Introduction to Pessa Boyden System Psychomotor, PBSP in the Context of Neurobiology and Attachment Theory, Tišnov: SCAN

AWARDS AND FUNDING

2017 – 2018

FULBRIGHT COMMISSION “Fulbright Masaryk Visiting Scholar Stipend”

Visiting scholar and researcher at Columbia University (New York, USA) at Affective Neuroscience Laboratory

2010 – 2013

ASHOKA Fellow Award and three-year funding for development of the “Natama Institute for Family Care Development” project and its implementation

2009

OLGA HAVEL FOUNDATION

Award for Contribution to Science-Based Childcare Development in the Czech Republic

2003 – 2010

TV NOVA FOUNDATION

Author of a project focused on a scientific approach to development of child care services, “Natama Institute for Family Care Development”, which won a seven-year funding grant from a private television corporation- TV Nova

WORK EXPERIENCE

2003 – present

Founder, Director, Senior Therapist and Counselor, Lecturer

Natama Institute for Family Care Development focusing on development and dissemination of science- based expertise in providing care and treatment for children with early trauma and severe attachment disorders

2000 – 2003

Freelance Advisor, Counselor, Therapist, Lecturer

Main project: Users Forum, focused on involving ex drug users (with Thomas Larkin and John Lundgerg)

1997 – 2000

Adviser and project coordinator at the British Embassy in Prague in the field of bilateral projects between the UK and the Czech Republic on childcare development, ethnic issues and social services