

## **PETRA WINNETTE**



### **EDUCATION**

2017–2018

Fulbright Visiting Scholar, Columbia University, Department of Psychology - Developmental Affective Neuroscience Lab

2005

Ph.D. Comparative Science, Charles University, Prague

1993

MA Pedagogy, Visual Art and Czech Language and Literature, Charles University, Prague

1992 (scholarship)

University College Cork, Ireland

Subjects: Developmental Psychology, Applied Psychology, Social Work

### **OTHER EDUCATION**

2010, 2016

Certified Therapist in Dyadic Developmental Psychotherapy (DDP Institute, Daniel Hughes, USA)

2010, 2015, 2018

Certified Therapist, Supervisor and Trainer in Attachment-Focused Therapy (AFT Institute, Arthur Becker-Weidman, USA and Academy for Human Development, University of Singapore)

2010

Certified Therapist in Pesso Boyden System Psychomotor (PBSP Institute, Albert Pesso, Boston, USA)

2000

Certified Therapist, Supervisor and Trainer in Motivational Interviewing (Thomas Larkin and John Lundberg, Hvězda Society, CR)

### **TEACHING AND TRAINING**

2017–2018

Columbia University, New York – Developmental Affective Neuroscience Lab  
Fulbright Visiting Scholar

2003 – present

Natama Institute for Family Care Development

Senior trainer and lecturer in the field of child development, early trauma, attachment and parenting

2008–2009

Charles University, Prague, Addictology, Department of Psychiatry

2001–2004

Charles University, Prague, Department of Comparative Science

1993–1997

First Real High School (PORG)

## **MAIN CONFERENCES AND PRESENTATIONS**

### **Main presenter or lecturer**

**2018 – IACAPAP – International Association for Child and Adolescent Psychiatry and Allied Professions**

**Workshop:** *Neuroscience and attachment theory explore the impact of adverse childhood experiences, Therapeutic possibilities for children in foster care and adoption*

**2018 – Columbia University, New York**

Four lectures and two seminars

*Children with History of Institutionalized Care and Dimensions of Clinical Work with Children with ACE*

**2017 – NUDZ – National Mental Health Institute, Prague**

Lecture for psychiatrists and doctoral students

*Early Brain Development and Attachment*

**2017 – Natama, Prague**

Conference with Courtney Rennie, PhD (USA)

*Trust and Attachment, DDP Therapy*

**2016 – Neuropsychiatric Forum, Prague**

Annual Symposium on Neurology and Psychiatry

*Early development and the Consequences of Early Trauma*

**2016 – Natama, Prague**

Conference with Jonathan Baylin, PhD (USA)

*How Childhood Influences Adulthood: The neuroscience of child development, trauma and psychotherapy*

**2014 – PBSP Association Prague**

**International Conference in Prague**

*Complexity and Detail in Psychotherapy with Clients with Unresolved Childhood Trauma*

**2014 – Natama, Prague**

Conference with Jonathan Baylin, PhD (USA), on the neurobiology of early development and its therapeutic implications

*Children, the Brain and Parents*

**2013 – PT Publishing, Tampere, Finland**

**International Conference in Tampere, Finland** (One-Day Plenary Presentation – Workshop)

*Psychomotor Mind-Body Therapy in Treatment of Early Relational Trauma*

**2012 – Natama, Prague**

Conference with Daniel Hughes, PhD (USA), on psychotherapy for children with early trauma and attachment disorders

*Journey to Safety*

**2012 – PBSP Association, Prague**

International Conference in Prague

*PBSP Principles Applied to Family Therapy Focusing on Children with Severe Attachment Disorders*

**2010 – PBSP Institute, Holland**

International Conference in Amsterdam

*A Comparative Study of Attachment Theory and PBSP Theory and Practice*

**MAIN PUBLICATIONS**

Petra Winnette (2017)

*Grandpa Moon, Grandma Lampion and Little Bo, Prague: Natama Publishing*

Editor and author (2014, 2015, 2016, 2017) *Almanac about Children and People, Prague: Natama Publishing*

Petra Winnette, Jonathan Baylin (2016)

*Working with Traumatic Memories to Heal Adults with Unresolved Childhood Trauma: Neuroscience, Attachment Theory and PBSP, London: Jessica Kingsley Publishing*

Petra Vrtbovska (now Winnette) (2010)

*About a Lost Child: Attachment, Attachment Disorders and Treatment, Tišnov: SCAN*

Albert Pesso, Diane Pesso Boyden, Petra Vrtbovska (now Winnette) (2009)

*Introduction to Pesso Boyden System Psychomotor, PBSP in the Context of Neurobiology and Attachment Theory, Tišnov: SCAN*

**AWARDS AND FUNDING**

2017–2018

FULBRIGHT COMMISSION “Fulbright Visiting Scholar Stipend”

Visiting scholar and researcher at Columbia University (New York, USA) – Department Of Psychology, Affective Neuroscience Laboratory

2010–2013

ASHOKA Fellow Award and three-year funding for development of the “Natama Institute for Family Care Development” project and its implementation

2009

OLGA HAVEL FOUNDATION

Award for Contribution to Science-Based Childcare Development in the Czech Republic

2003–2010

TV NOVA FOUNDATION

Author of a project focused on a scientific approach to development of child care services, “Natama Institute for Family Care Development”, which won a seven-year funding grant from a private television corporation- TV Nova

## **WORK EXPERIENCE**

2003 – present

Founder, Director, Senior Therapist and Counselor, Lecturer

Natama Institute for Family Care Development focusing on development and dissemination of science-based expertise in providing care and treatment for children with early trauma and severe attachment disorders

2000–2003

Freelance Advisor, Counselor, Therapist, Lecturer

Main project: Users Forum, focused on involving ex drug users (with Thomas Larkin and John Lundberg)

1997–2000

Adviser and project coordinator at the British Embassy in Prague in the field of bilateral projects between the UK and the Czech Republic on childcare development, ethnic issues and social services